

Gourmia®

Baby Bottle Sterilizer and Warmer

Model# JBS-500

USER MANUAL

Read this manual thoroughly
before using and save it for
future reference

FOR CUSTOMER SERVICE
QUESTIONS OR COMMENTS
VISIT US @ GOURMIA.COM
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OR CALL 888.552.0033

**Visit GourmiaJr.com for important product information and
regularly updated manuals**

Model: JBW-500
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Welcome to the Convenient World of 2-in-1 *Bottle Sterilizing and Warming* from Gourmia

Thank you for purchasing a Gourmia Sterilizer and Warmer!

The pages of this manual offer comprehensive instructions to guide you through the functions and features of the Gourmia Bottle Sterilizer and Warmer. Inside this guide you will also find information on its modes of operation, complete step-by-step instructions for the operation, assembly, cleaning, and maintenance of your appliance.

Please read all safety instructions thoroughly to ensure safe usage at all times.

Thank you for your purchase. We sincerely hope you will enjoy this as well as all the many innovative products brought to you by Gourmia.

IMPORTANT SAFEGUARDS

Before using this product please read this manual carefully and save for future reference.

SAFETY INSTRUCTIONS

When using any electric appliance, basic precautions should always be followed to reduce the risk of fire, electric shock and injury, including the following:

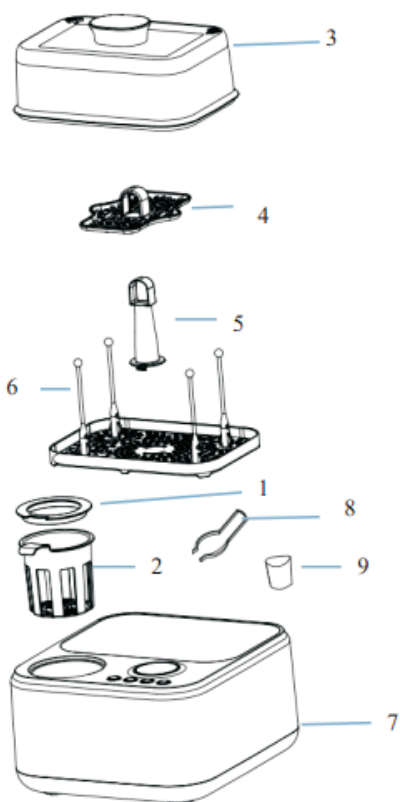
1. Read all instructions.
2. Do not touch hot surfaces. Use handles or knobs.
3. To protect against electrical shock do not immerse cord, plugs, or the base of the machine in water or other liquid.
4. Close supervision is necessary when any appliance is used by or near children.
5. Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
6. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Return appliance to the nearest authorized service facility for examination, repair, or adjustment.
7. The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
8. Do not use outdoors
9. Do not let cord hang over edge of table or counter or touch hot surfaces.
10. Do not place on or near a hot gas or electric burner, or in a heated oven.
11. Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
12. Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.
13. Do not use appliance for other than intended use.
14. Before serving be sure food is at safe temperature.
15. Before serving, unplug cord from wall outlet and dish. Do not leave cord within child's reach.
16. This appliance is for adult use only. Persons under the age of 13 should not use this product.
17. Do not exceed the maximum level of water- the appliance will not work.
18. Do not use the appliance for anything other than its intended use.
19. Never touch the heating elements of this product unless the appliance is off, unplugged, and cool.

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Know your Bottle Sterilizer & Warmer

General Assembly








1. Bottle adaptor
2. Bottle rack
3. Lid
4. Accessory tray
5. Accessory tray holder
6. Bottle slot tray
7. Main body
8. Tong
9. Measuring cup

Buttons

Button Symbol	Description
	Mode Selection (Hold for Preset Function)
	Increase Setting
	Decrease Setting
	Press to select or hold for on/off

Functions

Symbol	Function
	Sterilize
	Quick Bottle Warm
	Gradual Bottle Warm
	Preset
	Defrost

Bottle Tray Assembly



1. Bottle adaptor

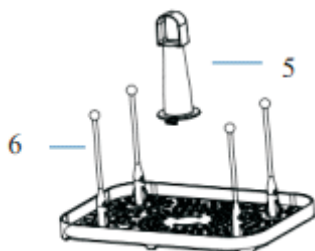
2. Bottle rack

3. Lid



4. Accessory tray

5. Accessory tray holder



6. Bottle slot tray

1. Place the bottle slot tray down with the thin edge facing up.
This is the same orientation that will be used during sterilization.
2. Insert the bottle poles through the four holes below the bottle slot tray so that they are secure and pointing upward as shown in the diagram.
3. Place the accessory tray holder (the handle) into the bottle slot tray from above and turn it until it is secure.
4. Place the accessory tray over the accessory tray holder (the handle).
5. Your bottle tray is now assembled.

Sterilizing





1. Assemble the bottle and accessory tray as shown in the previous section.
2. Remove everything from the sterilizer.
3. Place water directly on the heating element (the metal part of the sterilizer). Different times require different amounts of water. See the table below:

It is very important that you remove the bottle and accessory tray before pouring water onto the heating element. It is also very important to pour the water directly onto the heating element.


Always remember to pour water on the heating element before sterilizing. If you do forget, or if you don't put enough water in to complete the cycle, an "E0" indicator will appear, and the machine will beep and flash. Don't worry, it will shut off automatically and be ready for use momentarily.

All times will be effective for sterilizing your bottle. However, if you have many items to sterilize, you may wish to use a higher time to allow more steam to flow through your items.

Time	Water Needed
10 min	3 ½ oz (100 ml)
11-13 min	4 oz (120 ml)
14-15 min	5 oz (150 ml)




4. After adding water, you may place the bottle and accessory tray back inside.
5. Plug in the device and press the power button  to turn it on.
6. Press the mode selection button  until the sterilize  symbol appears.
7. Use the + and - buttons to select a time according to the chart above.
8. When you are ready to begin, press the power/confirm/play  button to begin. A countdown will be displayed.

Small amounts of steam will be released from vents on the top of the sterilizer lid. Please be careful, as the steam is quite hot.


9. When the cycle is complete, please wait for the steam to diminish before opening the lid and removing the contents inside.
10. You may turn off the machine by pressing and holding  for several seconds. (If you don't, it will do so automatically after a few minutes)

Quick Bottle Warming


This function is used to quickly heat up bottles of milk or formula with steam. We recommend using the lowest setting possible to avoid overheating the milk. Overheating milk can damage essential nutrients and proteins inside. Please follow the instructions carefully for best results.

1. Pour 3 oz (90 ml) of water into the bottle warming unit.
2. Remove the lid from your bottle
3. Place the bottle into the bottle rack (2) and then into the bottle warming unit
4. Place the bottle adapter over the tray to keep the bottle from moving around. (1)
5. Plug in the device and press the power button  to turn it on.
6. Press the mode selection button  until the  symbol appears.
7. Change the desired time using the + and - buttons.

If this is your first time warming your bottle, try the default of 3 minutes first. If this is not warm enough, increase the time by one minute until you find a temperature suitable for your baby.

8. Once you have chosen the desired time, press the  to start the cycle. A countdown will begin.

This function will use high temperature steam to warm your baby's bottle of milk. Keep your hands away from the bottle warming area while in use. ALWAYS test milk temperatures before feeding your baby, especially if you are sleepy (as most new parents are). Different bottles, formulas, and room temperatures will affect the final temperature of the milk.






9. Once the cycle is over, press and hold the  button for a few seconds to turn off the machine.
10. Please wait for the steam to dissipate. Use the tongs provided to remove the bottle. (The outside of the bottle will be much hotter than the inside. Always test the milk temperature before feeding your baby)
11. Once the water temperature has cooled down, empty the remaining water in the bottle heater.

When heating multiple bottles, use fresh, cool water for every bottle to ensure consistent temperature times.

Gradual Bottle Warming

This function is designed to slowly warm your bottle of milk to preserve nutrients and proteins in your baby's milk or formula. Please follow the directions carefully for best results.

This function works for milk temperatures ranging from refrigerated (39° F) to room temperature (70° F). Do not use warm milk in your bottle or hot water for the bottle bath, as this will lead to overheating.




1. Place your bottle into the bottle rack (2).
2. Place both into the bottle warming unit.
3. Pour water into the unit to match the milk level of the bottle. (If it's hard to see the milk level, you may use 5 oz (150 ml) of water for bottles with 4 oz (120 ml) or less of milk inside.
4. Place the bottle adapter (1) over the bottle to keep it from moving around.
5. Plug in the device and press the power  button to turn it on.
6. Press the mode selection button  until the  symbol appears.
7. Use the + and - buttons to select the amount of milk (given in ounces) contained in your bottle.
8. Once you have selected your milk volume, press  again to begin the cycle.
9. There are several progress bars to show how much time is remaining in the cycle. Every quarter-cycle, another progress bar will become solid. When all of the bars are lit, the cycle is complete, and the machine will beep accordingly.
10. Once the main cycle is finished, the machine will keep your bottle warm for up to three hours. See notes on next page.
11. Once you remove your bottle, press and hold the  button for a few seconds to shut off the machine.

Important Information (Please Read)

- When heating several bottles, please use fresh, cool water for each use to ensure correct milk temperatures.
- **It is recommended that formula be used no more than one hour after mixing.** We do not recommend using the full 3 hours of the keep warm feature for this reason.
- Body temperature is 98.6° F. Our machine works to heat the milk a few degrees higher so that if you take the bottle out of the machine, it will stay warm until you are ready to feed your baby.
- We recommend removing the bottle as soon as the gradual heating cycle is complete. (approximately 18 minutes after starting) Leaving the bottle in longer may further warm the milk slightly, and you'll have to let it sit for a little while to cool off.
- **Always test the milk temperature before feeding your baby! (Especially if you're sleepy, as most new parents are)**






Defrost

This function is designed to defrost frozen milk pouches or other frozen items. Once defrosted, you can use the other functions to warm the items up accordingly.

1. Place your frozen milk pouch into the bottle rack (2).
2. Place them both into the bottle warming unit.
3. Fill the bottle warming unit with water (don't let it overflow)
4. Plug in the device and press the power button  to turn it on.
5. Press the mode selection button  until the  symbol appears.
6. Select a defrost time using the + or - buttons. The time will depend on the size and density of the item to be heated. Try the default setting, and adjust accordingly after your first use.
7. Four progress bars will indicate how much time is remaining. One will light up after every quarter of the total time.
8. Once the cycle is complete, you may empty the water remaining in the unit.

Preset Function (Delay Timer)

If you would like to start a function at a future time, for example, one hour from now, you can use the Preset Function.

1. Set up the machine for the function you would like to use (For example, follow the steps before turning on the machine for Steady Warm or Defrost)
2. Turn on the machine using the  button.
3. Before pressing anything else, press and hold the  button.
4. The preset timer will activate. Use the + or - buttons to set the timer (how long from now you want a function to start).
5. Once you are finished setting your time, press the  button again to move on to the function select screen.
6. Here, pressing the  button again will cycle through the different functions, and you can set each function's settings using the + or - buttons.
7. Once you are satisfied with the settings, press  to begin the countdown until the chosen function begins.

Cleaning and Maintenance

1. Clean the appliance after each use. Do not use steel wool or any abrasive sponge to clean the appliance.
2. Never immerse the sterilizer base in water.
3. Do not use bleach or any chemical disinfecting solutions to clean the appliance.
4. All components but the base are dishwasher safe. Only use the top rack of the dishwasher!
5. If there is hard water residue on the heating elements, you may wipe them with a damp cloth to remove it.

Before cleaning, always unplug the unit and wait until it has cooled down.

Troubleshooting, Tips, and FAQs

Here are some frequently asked questions:

Sterilizing

1. When using this, the unit suddenly displayed “E0” while beeping and flashing. What happened?
 - a. When this happens, it means that the water on the heating element all boiled away before the cycle was complete. Please ensure that you are putting the recommended amount of water before use.
2. I was away from the sterilizer and I heard beeping and flashing before it was supposed to finish its cycle. By the time I arrived, it was off. What happened?
 - a. See question 1, as this is probably what happened while you were away.

Quick Warm:

3. I just warmed a bottle and the milk isn’t warm enough after using this feature. What should I do?
 - a. If your bottle isn’t warm enough, empty the water and add a fresh 2 ¾ oz (80 ml) of water. Try running the default (3 min) again to warm up your milk. Eventually, you’ll find a total time that works for you.
 - b. If you are using milk that came straight from the defrost cycle, make sure there is no ice remaining inside, as this will affect the final temperature.
4. My milk is too warm after using this feature. What should I do?
 - a. If your milk is too warm, try using a lower setting next time.
5. When using this, the unit suddenly displayed “E0” while beeping and flashing. What happened?
 - a. When this happens, it means that the water on the heating element all boiled away before the cycle was complete. Please ensure that you are putting the recommended amount of water

Troubleshooting, Tips, and FAQs

Gradual Warm

1. My milk is too warm after using this feature. What should I do?
 - a. If your milk is too warm, try using a lower setting next time.
 - b. You can also remove the cover of the bottle while heating to slow the rate of heating.
 - c. For best results (the coolest temperature of milk), remove the bottle as soon as the cycle is complete.
 - d. If the other steps do not work, you can always end the cycle a little early, turn off the unit, and remove the bottle.
2. My milk is too cold after using this feature. What should I do?
 - a. If your milk is too cold, try leaving the bottle in a little longer after the cycle is complete
 - b. If you are using milk that came straight from the defrost cycle, make sure there is no ice remaining inside, as this will affect the final temperature.

Defrost

1. My frozen item did not completely defrost after using this feature. What should I do?
 - a. For certain items (especially large or dense items) it may be beneficial to use a longer defrost time.

E0 Indicator

1. I started a sterilize/quick warm cycle. After a while, the machine displayed "E0" and started beeping and flashing.
 - a. "E0" simply indicates that the water boiled away earlier than it should.
 - i. Check to make sure you are using the recommended water volumes for sterilizing/quick warming. If you forgot to put water/didn't put enough, this indicator will be triggered. Make sure your unit is level.
 - ii. If you are **certain** that you used the recommended water volume, add 20-30 ml more water than the recommended amount. (Add just enough so that your cycles finish on time.) Your water may be boiling faster due to various environmental conditions.

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